



## Welcome to HTGT ~ Yuva Vihar!!

**An Overview:** Yuva Vihar is an interactive program under the HTGT umbrella and is geared towards our growing youth who graduate from the **Balavikas level 6 program** or are **13 years old**. YV students have a lot of input in topics that they learn, as regards to **Hinduism, Spirituality, Cultural experiences** and the **Bhagwad Gita**. Our aim is to familiarize and build on what was learned in Balavikas and make it concretely applicable to the current times, through use of

- *discussion and debate,*
- *media,*
- *cultural experiences, and*
- *community service projects.*

In this, the students embody the concept of tolerance and helping, “Daana” in its true sense. Through guest speakers in our classes, students gain perspective and feel free to question beliefs and understand concepts more deeply. We, at Yuva Vihar, take into account, the growth and developmental age of the student and work with them as partners in their learning because we believe that as children grow older, they should have a say in what they do.

As YV students get older and move into middle and high school, we also emphasize life skills such as taking initiative, public speaking, making digital presentations, working in a team and doing community service as these skills are important for all-round growth as individuals – that it helps in creating a well rounded college resume, is a plus ☺ As we go into in-person/virtual blended learning, students will have more opportunities to participate and add on practical service experience.

**Outreach:** Yuva Vihar is young and growing each day. In the last two years we have participated in several community projects such as Day Center House warming, Day Center meals, working with Blue ThumbOK and Naturally Stem to become environmentally conscious and clean up parks. We hope to continue to grow and give back to our temple and community.

Please feel free to reach out with any questions you may have at any time. We look forward to welcoming new families into Yuva Vihar next fall.

Deepa Patel (co-ordinator) [deepatel124@gmail.com](mailto:deepatel124@gmail.com)

Anjly Kunapuly [asheth79@yahoo.com](mailto:asheth79@yahoo.com)

Sreelatha Krishna [sreelathakrishna@gmail.com](mailto:sreelathakrishna@gmail.com)

Nandita Pai [andy\\_pai@yahoo.com](mailto:andy_pai@yahoo.com)